

What's the Buzz

September 12th, 2021

National Hispanic Heritage Month is September 15th through October 15th! We'll be recognizing Hispanic/Latinx activists, writers, singers, leaders and more on the @novatohigh Instagram account. Be on the look out for a fun lunchtime activity celebrating Hispanic Heritage month as well!

Fall Club Fair is Wednesday, September 15th at lunch in front of the Old Gym! Come check out our 40 clubs and meet people that share a similar interest as you!

This Thursday, September 16th is a Minimum Day due to **Staff Development** in the afternoon.

Friday, September 24th is the end of the Progress Report Period. Please check Aeries, turning missing assignments and utilize Office Hours to get support from teachers.

Stephanie Searle, Activities Director
ssearle@nUSD.org

UPCOMING EVENTS

September 15th
FALL CLUB FAIR
Lunch by Old Gym

CLASS OF 2023
HOMECOMING FLOAT MEETING
After school in Room 3601

September 16th
MINIMUM DAY
Staff Development after school

CLASS OF 2022
HOMECOMING FLOAT MEETING
After school in Room 3601



Principal Brewer's Message of the Week:

Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not be overly reactive or overwhelmed by what's going on around us.
Be safe and Be well!



Amber Yang
Restorative Practices and Wellness Coordinator

[SEL Video](#) - Week of Sept. 7th



Welcome to the HIVE!

Ade Villaseñor Melgoza

Ms. Ade Villaseñor Melgoza is a proud Bay Area native with professional roots in the East Bay. She is coming to NHS with over 20 years of experience as a high school counselor and for the last seven years she has worked for the University of California Puente Program. Ms. Melgoza is a proud mom of a little boy, wife and first generation college graduate who holds this quote dear to her way of being, "¡échale ganas!"

Welcome to the Hive!



Hispanic Heritage Month starts this week!

Sept. 15th - Oct. 15th

National Hispanic Heritage Month traditionally honors the cultures and contributions of both Hispanic and Latino Americans as we celebrate heritage rooted in all Latin American countries.

Every day on the @novatohigh Instagram account, we'll be posting about Hispanic/Latin artists, activists, writers, leaders and more!

Every Friday during this month, ASB/Leadership and a handful of students will be **playing Hispanic/Latin music in the Quad** (cement area by the garden).
Feel free to come by and dance around!

We'd love song requests!

Click below to request Hispanic/Latin songs to be played throughout the month.

[Submit Song Requests!](#)

September 1

MINIMUM DAY SCHEDULE

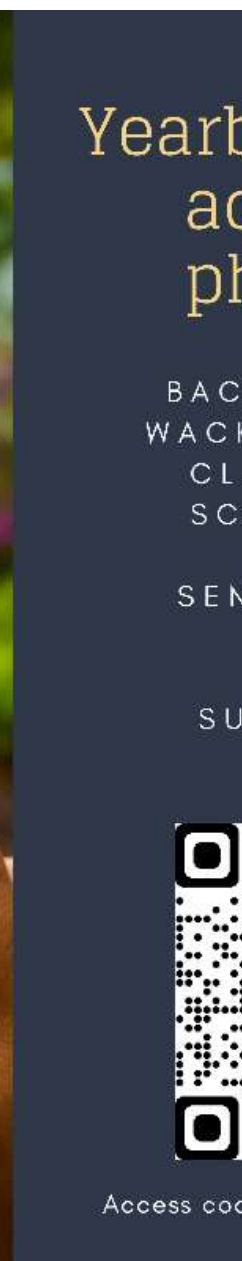
Warning Bell	8:25
Period 1	8:30
Period 2	9:10
Period 3	9:50
Period 4	10:30
BREAK	11:05
Period 5	11:20
Period 6	12:00
Period 7	12:40

(Staff Dev. after)



Fall Club

Wednesday, September 1
@Lunch by the Old



Homecoming Dates:

October 18th - 22nd: **Homecoming Spirit Week**

October 22nd: **Homecoming Rally** 12:00-12:50pm

October 22nd: **Homecoming Parade** down Grant Ave 7:00pm

October 23rd: **Homecoming Halftime Royalty Crowning Ceremony** (Varsity halftime)

October 23rd: **Homecoming Dance** 7:00pm

School Portrait Information:

Senior Portrait Make-Up Day:

Friday, October 15th 8:30am-2:00pm in the Cafe or Old Gym (*assigned times)

To make an appointment click [HERE](#)

Questions: call Dorian Studios at 1-800-826-3535 or email support@dorianstudio.com

Senior Panoramic Photo:

Tuesday, January 25th during Office Hours on the Football Field (10:00am)

9th - 11th Grade Portrait Make-Up Day:

October 7th 8:30am-2:00pm in the Old Gym

Novato High School Library

Ms. Moore is available anytime between 8:00am-3:00pm

Email Ms. Moore if you have any questions CMOORE@NUSD.ORG

**Come to the library to pick up your 30 Day Self-Care Challenge
to celebrate Self-Care Awareness Month!**



COLLEGE & CAREER CENTER

Ms. Pretl LPRETL@NUSD.ORG

Students: This is a reminder that the following college reps will be giving presentations at Novato High! Please be sure to register to attend through your Naviance account. You can access the link to join the presentation from there, as well.

College visits this week (via Naviance, unless specified):

Monday, 12:20-12:50 University of Oregon

Tuesday, 10:00-10:45 University of California-Berkeley

Wednesday, 10:00-10:45 Whitman College (*Live in the Library)

Wednesday, 2:30-3:30 University of San Francisco (*Live in the Library)

Thursday, 12:40-1:15 Rutgers University-New Brunswick

Thursday, 12:40-1:15 Reed College

Friday, 12:20-12:50 University of Portland

Friday, 12:20-12:50 Seton Hall University



The NHS football team has 5 home games, and we need student volunteers for the snack shack!

[Volunteer!](#)



[Support NHS Athletics!](#)



Show your support for the NHS student athletes by purchasing a family banner sign!

This is a great opportunity for our Novato High School families, friends, and relatives to show students how truly supported they are.

Let's work together and fill our campus with spirit!



Show your support with a group family banner (2-4 names).



The proceeds will be split between team sports and the boosters general fund which is used to support all our NHS student athletes. Recent general fund projects include the purchase of Personal Protection Equipment, Team Tough Sheds, and the Nets and Pads on the upper field.

The cost of a family banner is \$600 per year (banners will be displayed for 12 months). The NHS Sports Boosters is kicking off this year with a special offer, save \$100 by ordering before November 1st. Multiple locations available however space will be limited in some areas so don't delay!!

[Purchase: NHS Family Banner!](#)

NHS ATHLETES - Follow these instructions:

- **Step 1:** Register for [Family ID](#)
- **Step 2:** Complete **Physicians Clearance Form** (after June 2021)
- **Step 3:** Register and complete the **Impact Baseline Concussion Test** (once per academic year)
- **Step 4:** Sign up for the [Newsletter](#), follow us on [Twitter](#) and [Instagram](#)!

**Sports Boosters Meeting
Monday, September 13th
@6:00pm**

[Join the Zoom!](#)



SAFE ROUTES TO SCHOOLS MARIN COUNTY

Good News! Marin County has a plan to reach carbon neutrality by accelerating the reduction of carbon emissions; goals are set at 60% below 2005 levels by 2030, and below zero by 2045.

Great News! Safe Routes received a high school grant to enable a robust partnership, supporting students hopeful and excited that their actions will make a difference.

Safe Routes to School is looking to recruit two motivated Sophomores or Juniors this September to join other Marin High School students to collaborate on the most pressing concern of their generation - climate change.

Interested students should click this [link to learn more and to register](#). Deadline for registering is September 22nd.

Questions: Please contact Renee@marinbike.org

**SEPTEMBER YOUTH ART & FILM SHOWCASE FOR
MENTAL HEALTH!**

In honor of September Suicide Prevention and Recovery Month, the Marin County Board of Supervisors Intern Team, in collaboration with Health and Human Services and Cultural Services, is hosting a **youth arts showcase surrounding mental health and suicide prevention**.

The goal of this event is to increase awareness and conversations around mental health and well-being within Marin through sharing youth art and perspective.

The showcase will be an in-person event on **September 25th, 2021, from 4-6 pm at the Marin Community Clinic** (Kerner Campus, 3240 Kerner Blvd., San Rafael). Masks are required. Under Covid-19 guidelines, this event may need to shift to an online format for the well-being of attendees and participants will be updated as we learn more.
Click **HERE** to learn more.
Questions: email Nancy Vernon at nvernon@marincounty.org.



MARIN COUNTY SUICIDE PREVENTION COLLABORATIVE

Upcoming Meetings ~ Join us!

Upcoming Meeting Dates:

September 1 at 2 pm:

Suicide Prevention & Recovery Month:
Supportive Transitions, Resilience and Resources

October 6 at 2 pm:

Equitable and Culturally Responsive Suicide
Prevention: Building Equity in Communities

November 3 at 2 pm:

Gun Violence Restraining Order Training and
Community Action Team Reporting



Register here for all
upcoming meetings!

Questions?
Email: BHRSPreventionandoutreach@marincounty.org
Or visit: www.BHRSPrevention.org



DEPARTMENT OF YOUTH & HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES



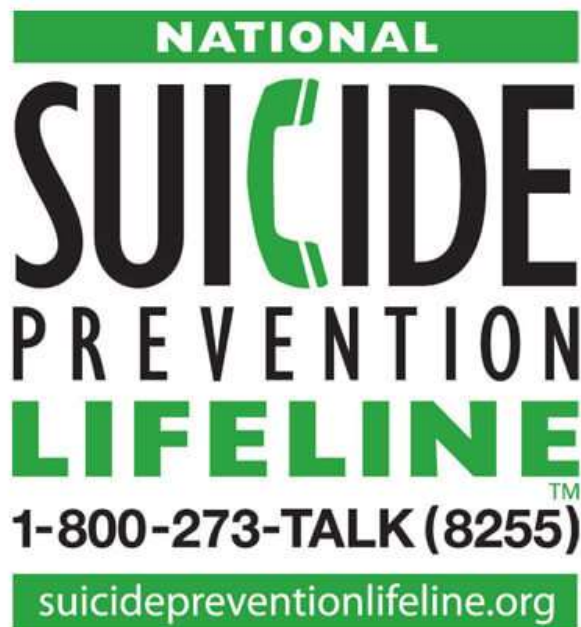
Suicide Prevention & Recovery Month Events

Link to video re: teens and depression:

Daniel Emina, M.D. offers advice to parents whose teens may be depressed. - YouTube

Link to channel w/multiple videos:

Parenting Teens During the Pandemic - YouTube



Novato Teen Clinic Info

The Novato Teen Clinic is now at the new location: Marin Community Clinics! It's across the street from the Ford Dealership at 6090 Redwood Blvd. Enter through the door with the vibrant GREEN STAR.

The Novato Teen Clinic is now offering services Virtually! This will replace our usual drop-in hours, and allow for you to get the services you may need in a safer manner for you and the health provider! To set up an appointment, you can give us a call or text Monday - Friday on our Teen Clinic Line (415) 985-5012.

The Novato teen Clinic Offers FREE, CONFIDENTIAL, and BILINGUAL SERVICES condoms, Plan B, Testing for STIs, Pregnancy test, Mental Health Counseling, Birth control and more! Give us a call (415) 985-5012



NOVATO HIGH SCHOOL



