What's the Buzz

September 26th, 2021

The first six weeks have gone well at NHS. I enjoy having all of the students being back on campus and their concerted effort to wear their masks and keep each other safe. As we come to the end of September, I wanted to remind you to check your student's progress report grades on Thursday, September 30th. This is a great time to reach out to teachers or counselors and communicate any concerns or questions you have about your student's current progress. Remember that we offer Office Hours twice a week on Tuesdays and Wednesdays. This allows your student time to seek extra support from teachers and makeup missing assignments. Please encourage your student to take full advantage of this time. Be safe and Be well!:) -Principal, Mark Brewer

The **7th Annual MSA Film Challenge** is this Saturday, October 2nd behind the Center for the Arts building! Reserve your seat today!

As **HOMECOMING** approaches, I get a handful of frequently asked questions - What exactly is Homecoming? When is it? How can I help?

Well, let's answer those questions: There's a SPIRIT WEEK 10/18-22! Get those decade outfits ready, we'll let you know the spirit days next week! There's a RALLY on 10/22!

UPCOMING EVENTS

September 28th
CLASS OF 2024
HOMECOMING FLOAT
WORKDAY

Room 3601 during Office Hours

MSA FAMILY TOUR

Center for the Arts 1:30-3:00pm

September 29th
CLASS OF 2025
HOMECOMING FLOAT
WORKDAY

Room 3601 during Office Hours

CLASS OF 2023 HOMECOMING FLOAT WORKDAY

Outside of room 3601 after school

September 30th

MSA FAMILY TOUR

Center for the Arts 10:30am-12:00pm

CLASS OF 2022

All NHS students will going to the football field, hopefully dressed in class colors, and enjoy some games, silliness and fun!

There's a PARADE on 10/22 @7PM!
Flatbed trucks, convertibles and more travel down Grant Ave. Come out and support local businesses before or after the parade! Grade level float

meetings are happening randomly watch the grade level Instagram accounts for dates/times.

There are 2 Football GAMES on 10/23!

Frosh/Soph and Varsity will play against Terra Linda on the NHS Turf Field. The Homecoming Royalty Crowning will take place at halftime during the Varsity Football game.

There's a DANCE on 10/23 7-9:30pm!

Pending county guidelines and district decisions - all dances will take place outdoors. This year, the dance will take place behind the Center for the Arts building. There will be music, dancing, food and fun! Tickets will be sold at lunch (cash/check only) October 4th-21st out of the main office windows.

We need your HELP!

We are looking for any parents/guardians who have access to a **FLAT BED TRUCK** or would be willing to drive one if we rented one for the parade. We currently have 2 out of the 4 grade levels set up with a flatbed truck. If you have any connections, we welcome them!

Stephanie Searle, Activities Director ssearle@nusd.org

HOMECOMING FLOAT WORKDAY

Room 3601 after school

NUSD COMMUNITY CONVERSATION SUICIDE PREVENTION

(Zoom 6:00-7:30pm) Register HERE

October 2nd MSA FILM CHALLENGE

Center for the Arts 7:30-9:00pm Reservation Required - Click HERE

October 7th
9th-11th GRADE
YEARBOOK PHOTOS &
RETAKES

Old Gym from 8:30am-2:00pm

Weekly Video Announcements

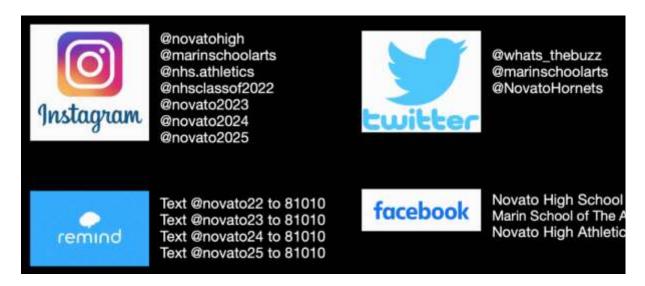
English, Spanish & Amber's SEL Video





Stay "In The Know"

Novato High School uses multiple communication methods, besides this weekly email, throughout the week to help NHS families stay "in the know!" Choose the ones that work best for you to support Novato High!



Welcome New NHS Staff



Jim Asiano - English Teacher

Mr. Asiano comes to Novato High School as a new English teacher after a long career in the private sector. He began teaching in Buenos Aires Argentina before returning to Marin County in 2009. Mr. Asiano coaches the San Francisco Water Polo Club which provided the inspiration to earn his California Teaching Credential and Masters Degree in Education. Mr. Asiano swims in the San Francisco Bay and is an avid boater. His cat, Sirena, is bilingual and loves a good wrestling match.

Welcome to the Hive!

Homecoming Festivities Timeline/information:

Homecoming Spirit Week

October 18th-22nd

tomecoming

Friday, October 22nd 12:00pm (Football Field)

Homecoming Parade

Friday, October 22nd 7:00pm (down Grant Ave.) Homecoming Football Gam

Saturday, October 23rd Frosh/Soph @11:30am

Varsity @2:00pm

*Homecoming Royalty Crowning

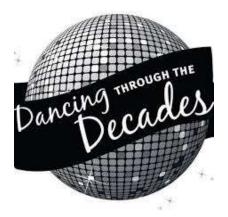
@ Halftime of the Varsity gam

Homecoming Dance

Saturday, October 23rd

7:00-9:30pm

Behind the Center for the Arts



Homecoming Dance Ticket Sales:

October 4th-8th for \$20 October 11th-21st for \$25 Cash/check only Tickets sold at lunch out of the main office windows

GUESTS ARE ALLOWED and must do the following:

*Turn in a <u>Guest Pass Form</u> at the time of ticket purchase

*Show proof of vaccination (or negative test within 72 hours of the event) upon entry to the Dance



★ □ Kevin Viera & Camille Goldstein ★ □

Kevin is in Link Crew and volunteers at the Marin Food Bank. He enjoys serving his community, being with friends at the gym, riding bikes, singing, and dancing.

Camille loves to sing and dance, and is in MSA Theatre. She volunteers at a food pantry, and has a bearded dragon named Antonio.



★ □ McKenna Baldwin & Annette Zavala ★ □

McKenna has a strong love and desire for music and singing. McKenna enjoys collecting and listening to vinyl records, eat her mom's homemade chocolate chip cookies and watch criminal minds!

Annette is on our varsity water polo and swim teams. She loves a good scuffin and coffee from Dr. Insomniacs and a day outdoors exploring the beauties of Marin with friends.

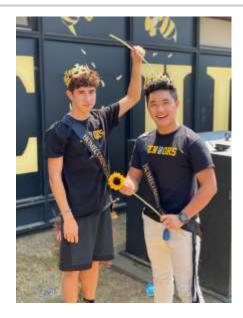


★ □ Derek Bartram & Carly Graf ★ □

Derek is a part of ASB/Leadership, as well as the varsity baseball and water polo teams. In his free time he likes to work out, hangout with friends and listen to music.

Carly is a captain and part of the Cheer and Dance team. Carly loves to watch sunsets, play with her puppy Frankie, and spend time with her friends and family.





★ □ Nathan O'Halloran & Zach Lee ★ □

Nathan has been involved in novato theater and swim. During Nathans free time he enjoys skating and doing fancy tricks.

Zach has been in MSA for all four years!

Zach partakes in a lot of community service helping tutor kids and volunteer musician, as well as spending his free time writing songs, swimming, cooking and working out.



★ Rhys Friend & Kaley McIntyre ★

Rhys has been a part of link crew for two years now, helping the freshman feel welcome at high school. He likes to skateboarding, snowboarding and sleeping.

Kaley is a part of ASB, sports boosters and is captain of the varsity swim team here at Novato. She also volunteers at Loma Verde Elementary School helping teach English to young ELL students.



★ □ Riley Hovey & Sean McGinnis ★ □

Riley is currently senior class president and president of the Surfrider Club, where their mission is to keep our oceans clean. She has been a part of the Varsity Girls Lacrosse team since she was a freshman and is now captain of the team.

Sean is the ASB President this year. Sean spends his time working at In n out, hanging out with friends, going on drives and doing the New York Times mini crossword puzzle... which happens daily.

★ □Julissa Santana & Jocelyn Benitez Garcia ★ □

Julissa has been an active member of Avid all 4 years at NHS and 1 year prior in middle school. She is also part of LINC One Tam which is a youth program that educates the youth on Environmental Science.

Joselyn is involved with the cheer and dance program, being a captain this year and helping her team perform for our school. Joselyn loves to spend time with her family and her dog Bruno.



★□Keoni Kupper & Rustin Barth★□

Keoni clocks most of his hours into MSA Rock Band, grinding the guitar, and since he can't get away from it, he joined Product Design to build instruments and guitars. His favorite genre is rock and metal and his favorite band is Slipknot

Rustin is a part of our MSA performing Rock band and Jazz choir. Rustin enjoys gaming and hanging out with friends as well as reading, his favorite book being Fablehaven.

Galileo & PSAT Testing

Galileo Testing Beginning of Year - ELA Test (all students)

Tuesday, October 12th during 3rd period

Bring your charged Chromebook You'll be accessing your Clever account

Questions? Email <u>Greg Fister</u>, Assistant Principal

PSAT Testing

Reading, Writing & Math (Junior students only)

Wednesday, October 13 8:30am-12:15pm

(students will go to their 6th period after lunch)

Eat breakfast, bring a #2 pencil and a calculator (one will not be provided for you).

Room assignments will be available one day prior to testing.



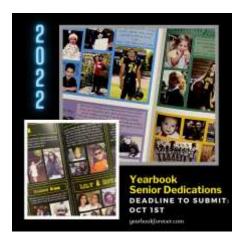
Hispanic/Latin Music @ Lunch on Fridays!

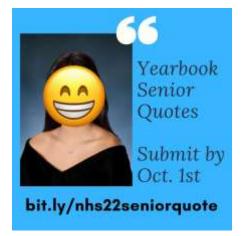
Cement Quad by the Garden

Submit your song requests!

2022 Yearbook Information







Purchase a Yearbook:

- \$90 Cash/Check to main office (checks payable to "NHS Yearbook")
- Online click HERE

Submit photos:

- Download the Yearbook Snap App (code: Novato) and upload pics!
- **Email** photos!

Senior Information:

- Purchasing a <u>Senior</u>
 <u>Dedication</u> (pics/message tribute to your senior student) Purchase by October 1st!
- Senior students submit your <u>senior quotes</u> by October 1st!
- Senior baby photos a collage of senior baby pictures in the yearbook if you're interested email 1 photo

to novatohighyearbook@gmail.co m

Questions?

Email Greg Fister GFISTER@NUSD.ORG

Senior Portrait Make-Up Day:

Friday, October 15th 8:30am-3:00pm in the Cafe (*assigned times)

*Check scheduled appointment list for your time - click HERE!

Questions: call Dorian Studios at 1-800-826-3535 or email support@dorianstudio.com

Senior Panoramic Photo:

Tuesday, January 25th during Office Hours on the Football Field (10:00am)

9th - 11th Grade Portrait Make-Up Day:

October 7th 8:30am-2:00pm in the Old Gym

College/Career & Library Info

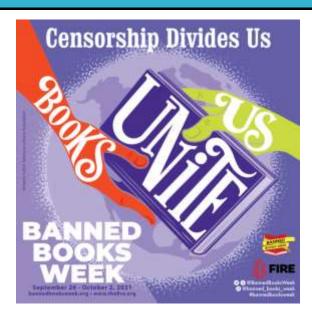
COLLEGE & CAREER CENTER

Ms. Pretl | PRFTI@NUSD.ORG

Students: This is a reminder that the following college reps will be giving presentations at Novato High! Please be sure to register to attend through your Naviance account. You can access the link to join the presentation from there, as well.

College visits this week:

Tuesday, Sep. 28, 10:00: Chapman University (in-person) Wednesday, Sep. 29, 10:00: University of Puget Sound (in-person)



Novato High School Library

Ms. Moore is available anytime between 8:00am-3:00pm Email Ms. Moore if you have any questions CMOORE@N USD.ORG

This week is BANNED BOOK WEEK!

Visit the NHS Library this week to check out a banned book. Celebrate your freedom to read with books like The Hate U Give, All American Boys, Speak, The Handmaids Tale, Harry





Potter and many more. Censorship Divides Us. Books Unite Us.

Throughout Hispanic Heritage Month our NHS Library will be showcasing Hispanic authors as well as fiction books in Spanish. Come check them out!

This is the last week to grab your 30 Day Self-Care Challenge list to celebrate Self-Care Awareness Month!

30 Day Self Care Chi

- Boy 1: Start year day with a glass of leases water or borbel bas.
- Bry 2: Speed time authorized Speece is one one
- Hay & Storgate with someone you been.
- Hay 4: Make a yaming, home-cooked men
- Say It Match your Asserts TouTukes.
- Buy & Create a playfest featuring relating music.
- Hay Tr Claus your recent or do a chore unashed.
- Buy It Unaring for the day.
- Hoy It Make place to see a friend.
- Bay 10: Oscal not a new book at the library.
- Bay 11: Explore year neighborhood or local park.
- II Bay Ch Discover a new habity that makes you happy (search YouTube, sek o
- Bay 18: Lieton to an interesting podecast or YEO talk.
- II Bay 16. Thank accrease or let accesses brow how weath they mean to you.
- II Bay 15 Make year over self-ears kill journile, exsential ells, stress kall, journ
- Boy 10: Create a journal using magastac cut outs and decides about year fav
- Buy 17: Go to steep earlier.
- Boy 1% Start a wathing to.
- Bay 1% Start a graditude jar.
- Buy 21: Practice mindfulness or look up a guided meditation or page video.
- Bay 32: Get journal a mortalgic treat from childhood.
- Buy Els Create a visualization board about your future.
- Bay 26. Take sifty Nazalreal quitares and share the result
- Bay 2% Bake contine for your sent door notifiens.
- I Bay 25: Share your 30 Bay Self Care Challenge on sectof media
- Buy 27: Wake up early sed take time to make a good breakfast
- they 20t Send a letter to a family member.
- Bay 20 Water the second.
- Hey 30: Write down at least 3 kind things about poursell.



Marin School of the Arts



The 7th Annual MSA Film Challenge!

Saturday, October 2nd Register your team **HERE!**

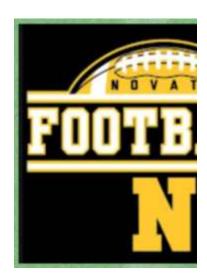
Screening at 7:00pm Behind the Center for the Arts Register for the screening <u>HERE</u>!

Questions? Email PCHIDEL@NUSD.ORG



NHS Athletics

Check out the updated <u>Marin County Guidance</u> regarding COVID and sports at school.



We need student snack shack volunteers!

Volunteer!



Purchase: NHS
Family
Banner!

Support NHS Athletics!

Sports Boosters Meeting Monday, October 11th @6:00pm

Join the Zoom!

NHS ATHLETES - Follow these instructions:

- Step 1: Register for Family ID
- Step 2: Complete Physicians Clearance Form (after June 2021)
- Step 3: Register and complete the Impact Baseline Concussion Test (once per academic year)
- **Step 4**: Sign up for the <u>Newsletter</u>, follow us on <u>Twitter</u> and <u>Instagram!</u>

NHS Community Resources



Novato Unified School District asks you to join us for: A Community Conversation about Suicide Prevention

Moderated by students from our high schools



As our students move through the schoo year, Novato Unified School District, in collaboration with community partners and county mental health experts, is deeply dedicated to the mental and physical health and wellness of our students.

We ask that you join us in a community conversation to collectively grow o understanding of how best to support our youth and families and develop strategies to discuss suicide prevention with empathy and openness.

Date: September 30, 2021 Time: 6:00pm-7:30pm

This event will take place via Zoom Webinar. Please follow this link to register for the event: https://bit.ly/NUSDcommconv

Our guest speakers include:

- Kara Connors, MPH, Senior Program Coordinator for Suicide Prevention, RHPS
- Tim Lea, MFA, Suicide Prevention Outreach Coordinator, Buckelew Programs
- Cecelia Luna, Community Grief Counselor, By the Bay Health

We would like your thoughts and questions! Our experts will address questions from the community.

Please click on this link to begin the conversation:

https://bit.ly/QuestionsforSept3O

If you or someone you know is in distress, please contact the Marin Suicide Prevention Hotline: 415-499-IIOO. For grief support call: 415-499-II95.







About Alateen / Al-Anon

Alateen is Al-Anon for kids, ages 12 – 19. Al-Anon is for friends and family of addicts and problem drinkers. We believe alcoholism and addiction is a disease that not only affects those suffering with addiction, but also those who love them. Al-Anon is a program of recovery that uses the Twelve Steps of Alcoholics Anonymous. That said, we do not work to help people with sobriety. We work with the loved ones of the alcoholics to find their own peace and support, whether the drinker or substance abuser is sober or not.

Click for more info on Al-Anon and Alateen







Novato Teen Clinic Info

The Novato Teen Clinic is now at the new location: Marin Community Clinics! It's across the street from the Ford Dealership at 6090 Redwood Blvd. Enter through the door with the vibrant GREEN STAR.

The Novato Teen Clinic is now offering services Virtually! This will replace our usual drop-in hours, and allow for you to get the services you may need in a safer manner for you and the health provider! To set up an appointment, you can give us a call or text Monday - Friday on our Teen Clinic Line (415) 985-5012.

The Novato teen Clinic Offers FREE, CONFIDENTIAL, and BILINGUAL SERVICES condoms, Plan B, Testing for STIs, Pregnancy test, Mental Health Counseling, Birth control and more! Give us a call (415) 985-5012

