

# Senior Profile - Academic Resume

## Novato High School

The information you provide on this form will be used to guide you in completing your college applications, applying for scholarships and requesting letters of recommendation. Over time, interests and information will evolve and this document will become more complete. Do your best to answer these questions as honestly and completely as possible.

### SECTION I: Personal Information

Full Legal Name: \_\_\_\_\_  
 Social Security # XXX - XX-XXXX \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
 Home Phone: ( ) - \_\_\_\_\_ Cell Phone: ( ) - \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Parents' Names: \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
 Father's Occupation/Employer: \_\_\_\_\_  
 Mother's Occupation/Employer: \_\_\_\_\_  
 Other information: \_\_\_\_\_  
**Unweighted GPA:** \_\_\_\_\_  
**Weighted GPA:** \_\_\_\_\_  
  
**PSAT Test Results:** \_\_\_\_\_  
**ACT Practice Test:** \_\_\_\_\_  
  
**SAT Test Results:** \_\_\_\_\_  
**ACT Test Results:** \_\_\_\_\_  
**SAT II Test Results:** \_\_\_\_\_  
**AP Scores** \_\_\_\_\_

What career are you considering?	What are your hobbies / interests?

What are your "best" subjects?	What are your "worst" subjects?

<b>School Sponsored Activities:</b> List and briefly describe all school activities in which you have participated and / or any school organizations / clubs to which you have belonged, including any offices held. Please be specific.		Years Involved			
Activity	Description	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Non-School Sponsored Activities:</b> List and briefly describe all out-of-school activities in which you have	
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participated. Please be specific. (e.g. art, theater, music, dance, church, tutoring, youth groups, etc.)		Years Involved			
Activity	Description	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>College or Educational Preparation Courses:</b> List your participation in educational or academic preparation programs. Include academic enrichment programs, research programs, college preparation programs and / or study abroad programs. e.g. Summer institutes, SRJC Courses, online courses, AVID, ATS, 10,000 Degrees, College Bound, Summer Search.		Years Involved				Hours/ week	Weeks/ year
Course	Description	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

<b>Sports:</b> List all sports (school and non-school sponsored) in which you have participated. Include leadership roles.		Years Involved			
Sport/Organization	Level: Frosh, JV, Varsity, Other	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Volunteer and Community Service:</b> List unpaid work only.		Years Involved				Hours/ week	Weeks / Year
Organization	Description of Organization and your responsibilities	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

<b>Work Experience:</b> List paid work only.		Years Involved				Begin Mo/Yr	End Mo/Yr	Hours/ Week	Weeks / Year
Employer / Company	Description of Responsibilities	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>				
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

<b>Awards and Honors:</b> List all awards/honors in high school, no matter how small you feel they are:		Type		Date Rec'd
Award/Honor	Description of Award/Honor	Academic	Other	
		<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	

		<input type="checkbox"/>	<input type="checkbox"/>	
		<input type="checkbox"/>	<input type="checkbox"/>	

<b>Public Speaking:</b> List any public speaking opportunities that you have had:	
Event/Topic	When

<b>Travel:</b> List significant travel experiences you have had:	
Where	When

<b>Personal Qualities:</b> List three qualities you think your teachers like best about you:	
1.	
2.	
3.	
Now, list three qualities you like best about yourself:	
1.	
2.	
3.	

***It is a good idea to keep copies of report cards and/or transcripts on file at home.***

<b>SECTION 2: Junior / Senior Supplement</b>
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What college(s) have you selected or are you considering?

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What field(s) are you considering for your college major?

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**What is the most meaningful extracurricular experience you've had and why?**

**Please list any other important information or additional information from prior sections. Reference the question with the information you are including.**

**Describe in essay format (minimum 500 words) any significant obstacles or hardships you have had to overcome. Do not state mere generalities. Give details. If you already have this information written for a prior application, you may simply attach it to this resume.**

**Write a statement, in essay format (500 words minimum) about what you consider to be your strengths and/or uniqueness. Do not state mere generalities. If you already have this information written for a prior application, you may simply attach it to this resume.**

**It is a good idea to keep copies of report cards and/or transcripts on file at home.**